

[High school track preview 2025: Powerhouse Frontier favorites to lead the local pack](#)

By Thomas Johnston, Staff Writer

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Frontier has dominated the Intercounty League the last few years.

The Redhawk girls last lost a dual meet in 2021, winning the Intercounty League each year while the Frontier boys have not lost a meet since the return from COVID-19 in 2021.

The success carried over to the big end of season meets as for the second year in a row, both the Redhawk boys and girls placed second at the Western Mass. Div. II Championship Meet.

Frontier has more than enough talent and depth to make a run at yet another league title on both sides.

For the Redhawk boys, Evan Hedlund took eighth in the 800 meters and fifth at the mile at the MIAA Div. 6 state meet last spring while Ben Cachiguango placed fifth in the 110 hurdles at states.

Charles Dennis (distance), Julian Adams (throws), Garrett Dredge (jumps), Luke Howard (distance), Ian Paciorek (sprints), Adrien Pazmandy (pole vault and sprints), John Reloj (throws) and Ezra Rich (throws) are just some of the athletes Frontier boys coach Walt Flynn said to keep an eye on this spring, showcasing the depth the Redhawks have and why they are so tough to beat in meets.

For the Frontier girls, Madelyn Antes (400 hurdles), Hannah Davis (100 hurdles, triple jump), Josie Fosnot (400), Addie Morrey (800), Mara Arium (800), Sylvie DiBartolomeo (2 mile), Lilly Novak (discus, shot and javelin), Maia Christensen (high jump), Mary Burt (high jump) and Elsa Brown (pole vault) each made D6 states last year and are returning this year.

“We are working to build a strong team,” Frontier boys coach Bob Smith said.

Here’s a look at how each team is shaping up going into the season:

Athol

COACH: Fred Marks (boys), Bill LaRose (girls)

LEAGUE/DIVISION: Intercounty/6

BOYS ROSTER: n/a

GIRLS ROSTER: Brielle McCorquodale, Ava Sanden, Camila Soto, Isabella Tarara, Sonia Arroyo, Ayzia Britt, Aleysha Cuevas, Annelise DeVries, Delilah Gulleeson, Emilianys Lopez, Alexa Anderson, Taylor Gogan, Mia Reed, Lillian Fairbrother-Rivera, Gabriella Theriot, Piper Bailey, Angelina Boakyewaa, Sky Therrien, Karleigh Chase, Emily Abram

OUTLOOK: Chase had a strong season last year in shot and discus, Bailey does a bit of everything competing in the 100 hurdles, the long jump and the high jump, Arroyo is an athlete to watch in the 100 while Reed is strong in the high jump on the girls side for the Bears.

Franklin Tech

COACH: Roman Tsipenyuk

LEAGUE/DIVISION: Intercounty/6

BOYS ROSTER: Atley Gonzalez-Jayne, Madix Whitman, Josiah Little, Dylan Cullen, Ian Doyle, Samuel Bodenstein, Dillon Laffond, Jackson Morey, Jared Currier, Liam Bliss, Carsten Couture, Robert Goff, Jonathan Gheorghita, Wyatt Whitman, Wyatt Sisum, Camden Cousineau, Truman Long, Justin Lent, Dyllan Duval, Logan Kingsley, John Duncan, James Edson, William Thomas, Trevor Magnant, Dustin Reade, Sawyer Cadran, Connor Livingstone, David Klempner-Siano, Estes Lemerise-Reinking, Chrisangel Ulloa, William Hutchinson

OUTLOOK: The Eagles had a number of athletes qualify for the state vocational meet last year and return some talented athletes that will look to make a push again this spring.

Gonzalez-Jayne is an athlete to watch in the throwing events, Whitman is showing well in the triple jump, Little is strong in the long jump, Cullen brings speed in the 100 and relays, Bodenstein is expected to excel in the 400 relay and 200, Currier will run in the 400 and 400 relay while Morey and Bliss are showing well in javelin.

Frontier

COACH: Bob Smith (girls), Walt Flynn (boys)

LEAGUE/DIVISION: Intercounty/6

BOYS ROSTER: Ben Cachiguango, Aaron Desmond, Charlie Dennis, Julian Adams, Garrett Dredge, Luke Howard, Ian Paciorek, Adrien Pazmandy, Gus Radner, John Reloj, Carter Robinson, Evan Hedlund, Max Hunter, Levi Pickett, Henry Pleasant, Ezra Rich, Brendan Dawson, Grayden Gifford, Ben Johnston, Jack Keyes, Dominic Sarno, Ty Skroski, Charles Toxloski, Zach Brown, Jaxson Byrne, Matheau Lawson, Caleb Libbey, Kai Fripp, Sam Giannelli, George Payne, Jerison Stokes, Jack Sullivan

GIRLS ROSTER: Mary Burt, Hannah Davis, Sylvie DiBartolomeo, Josie Fosnot, Abigail Grover, Sasha Malo, Claire McFarland, Griffin Montminy, Lilly Novak, Perla Ordaz, Madelyn Antes, Ashlie Galenski, Addie Morrey, Julia Morse, Ashley Rivard, Shannon Terry-Nugent, Maia Fosnot, Sadie Griffin, Kali Beam, Liv Christensen, Maia Christensen, Eliza Montminy, Elsa Brown, Paisley Severance, Phoebe Radner, Nora Sloan, Lilliana Smith, Miriam Toschik, Eliza Van Driesche, Lucy Zraunig, Mara Allium, Bailey Cusson, Julianna Dettmers, Olive Klaus, Jessica Schimmel, Kate Walker, Lillian Walker-Hanning, Brynna Fahey, Stella Donner-Yang, Kiera Nugen, Lissandra Taylor, Jade Walker-Hanning, Tilly Fahey, Sophia James, Naomi Malloy, Pearl

Melnik, Thaily Ordaz, Gemma Parsons, Sonnet Severance, Olivia Talbott, Susannah Van Driesche, Ella Marie Whittier, Brenna Zilch

Greenfield

COACH: Amy Youmell (girls), Pete Conway (boys)

LEAGUE/DIVISION: Intercounty/6

BOYS ROSTER: Jay Philstetler, Xaviay Reynolds, Elias Augusto, Taygen Daignault, Aiden Goncalves, Leo McDonald, Ethan St. Clair, Derek Scotera, Johnathan Caron, Rowan Lewis, Kymel Ramsey, Grayson Thomas, Henry Anhalt, Gavin Arsenault, Esteban Barreat-Kenny, Everett Connelley, Julian Fornas-Sicam, Aiden Holliday, James Justin Iavorschi, Lucian Volosenco, Dylan Breiwick, Timothy Derivolkov, Sam Eckstrom, Liam Grahame-Lawson, Ezeekiel Jiminez, Jack Laurie, Mark Nero, Zachary Ozdarski, Ryan Pedigree, Angel Politis, Alex Scotera, Justice Tyler, Javion Williams, Nathaniel Woodard, Mason Youmell, Jon Breor, Dante Fish, Rocky Landry, Erik Martineau, Caleb Murray, Krish Patel, Jerry Ven

GIRLS ROSTER: Grace Fortin, Lyric Grossett, Juliana Helie, Pippy Anne Kaham, Bella Mitchell, Svannah Otero, Autumn Pickup, Annie Cobileanschi, Rose Fortin, Amelia Prescott, Kyra Tamsin, Tayler Bergeron, Isabella Ekblom, Theo Ekblom, Lauren Helie, Payton Martin, Cheyenne Medina, Miel Snir Alvarado, Alice Wondolowski, Holly Babineau, Julia Belville, McKenzie Boswell, Elderina Cecunjanin, Giomaris Collado Bonilla, Alice Fortin, Henley Gilstrap, Emelia Gray, Kristina Kostov, Auburn Mass, Suhani Patel, Nina St. Clair, Mackensie Goncalves, Sara Principe, Stella Verlander

OUTLOOK: Youmell qualified for D6 states in the 110 hurdles and 400 hurdles and is coming off a strong winter season. Breor went to states in the javelin, Martineau qualified for states in the high jump while Ven qualified for states in shot on the boys side for the Wave.

Krish Patel had a great showing at states last spring, placing sixth in the high jump.

On the girls side, Amy Youmell says Martin, Gilstrap, Bergeron, Collado Bonilla, Alice Fortin, Patel and St. Clair are the athletes to keep an eye on.

Mahar

COACH: Sarah Woodward

LEAGUE/DIVISION: Intercounty/6

BOYS ROSTER: Joseph Burke, David Eadie, Ben Norwood, Wendell Teter, Xavier Fountain, Lucas Hart, Aryan Kheti, Caleb Wandrei, Ishan Coburn, Isaiah Torres, Isiah Whitmore, Coltin Fausett, Carter Hardy, Calypso Heyrlackmung, Kaden Vorce, Joaquim Davis, Joviano Davis, Ronnie Stone, Evan Nason, Danny Quigley, Orion Whitehouse, Colby Chaisson, Jayden Dicato, Aiden Drake, Daniel Finch, Tristen Gaj, Malaki Grummell, Turin Gurganus, Mitchell Krasco, David Phelps, Sean Ramos, Mathieu Soucy, Matteo Torres

GIRLS ROSTER: Adalynn Almeida, Annabelle Esparza, Phoebe Merrill, Madison Weaver, Aubrey Johnson, Alexis Murcell, Taylor Paluk, Nevaeh Woods, Scarleth Aranda-Lebron, Ava DeJackame, Mckaylan Dunn, Kamryn Hart, Kathryn McGinnis, Madilyn Moore, Stellina Moore, Angelina Alonso, Julia Hatch, Ella Manson, Zariah Stone, Beliah Esteves, Delana Fausett, Kayla Quinn, Thea Whitmore, Shea Woods

OUTLOOK: Krasco had a big junior season, taking fifth in the triple jump, seventh in the 400 hurdles while falling .07 seconds away from winning the 110 hurdles at the Div. 6 state meet last year.

Krasco also took seventh in the 400 hurdles and fifth in the triple jump at states last year and after a big winter season, expect the senior to be in the mix for some state titles this year.

Soucy also reached states in the 100 and 200 last spring while Phelps, Quigley, Grummell and Finch are other athletes Woodward says to keep an eye on for the boys side.

Moore placed fourth in the pole vault at Div. 6 states and set the indoor track school record in the high jump this past winter.

Mohawk Trail

COACH: Joe Chadwick (girls), Tim Shearer (boys)

LEAGUE/DIVISION: Intercounty/6

BOYS ROSTER: Chay Mojallali, Qwade Niquette, Crimson Helenek, Peter Healy, Emerson Spence, Malcolm Briggs, Tanner Biagini, Aidan Gauthier, Wyatt Alling, Luke Read, Cole cross, Sam Barrows, Carson Richardson, Rex Kuoppala, Aymeric Loucka, Liam Smith, Danny Gougeon, Jackson Feury, Cole Raffa, Josh Cerone, Zavel Gardner, Lincoln Lafleur

GIRLS ROSTER: Libby Amstein, Katelyn Bozek, Brianna Bowie, Valerie Bzomowski, Emma Canaday, Laurel Colbeck, Maya Colbeck, Naomi den Ouden, Cleome Gardner, Georgia Gauthier, Elizabeth Gilmore, Monique Hadley, Heidi Helenek, Racheal Herzig, Lily Jenks, Zephyr Jetzon, Avery Johnston, Claire Johnston, Virginia Krezmien, Brooke Koshinsky, Samantha Krumm-Poulin, Natalie Lanoue, Sam Mizula, Zoe Mojallali, Abby Osterman, Katie Osterman, Julia Patenaude, Lydia Pinkham, Morgan Raffa, Anya Read, Grace Sisum, Sofiya Slocik-Gritzner, Jalila Smith, McKenzie Sonntag, Cammie Thompson, Ella Thompson, Ettalynn Thompson, Aryannah Thurman, Jayda Waters, Anna Whitaker

OUTLOOK: Chay Mojallali had a monster spring with the Warriors, tying for first in the high jump at D6 states. He missed the winter season with a knee injury but is rehabbing hard to try to reclaim his crown.

Healy is coming off a strong winter season and Shearer expects him to be one of the top 2 milers in Western Mass., Helenek is shooting to make states in the javelin, Alling is looking to return to

states in the pole vault while Shearer expects distance to be a strength with Healy, Kuoppala, Richardson, Loucka, Gauthier, Spence and Gardner for the Warrior boys.

The Mohawk Trail girls have a large roster and will be looking to snatch the title away from Frontier.

Krezmien is strong in distance events, Raffa placed seventh in discus at D6 states last year, Read qualified for states in the 800, Lanoue qualified in the 2 mile while Slocik-Gritzner went to states in the discus last spring and are athletes to watch for the Warriors.

Pioneer
COACH: Matt Heilman

LEAGUE/DIVISION: Intercounty/6

BOYS ROSTER: Everett Allen, Carter Berthiaume, Lorenzo Bordas, Ben Goodwin, Connor Guertin, Dorin Marin, Lex Singh, Ryan Spofford, Robert Teaca, Jayden Tyler, Tyler Welnec

GIRLS ROSTER: Izzy Allen, Ahnna Berthiaume, Addison Chapin, Kaylan Costello, Emmanuelle Flagollet, Louise Flagollet, Mystic Glenn, Charley Harrington, Sahana Heilman, Amelia Hescok, Leah Potter, Natalie Rios, Dakota Shapiro, Giulia Stark, Daniela Teaca, Kayla Gruskowski

OUTLOOK: Louise Flagollet earned a pair of top 10 finishes at states last year, taking fourth in the high jump and 10th in the 400.

Rios won the javelin at the Western Mass. D2 meet, Heilman qualified for states in the 100 hurdles and is coming off a strong winter season in the 55 hurdles and long jump while Emmanuelle Flagollet went to states in the 400 hurdles last spring. Teaca is another to watch in the sprints for the Panther girls.

In the last three years, Louise Flagollet, Heilman, Teaca and Emmanuelle Flagollet have combined to break six Pioneer school records in both indoor and outdoor track.

On the boys side, Spofford is one to watch in the mile while Allen and Berthiaume have shown well in the long jump.

Turners Falls
COACH: Leslie Charles

LEAGUE/DIVISION: Intercounty/6

GIRLS ROSTER: Tristan Bliss, Charlotte Canterbury, Dani Chagnon, Arianah Chatterton, Jackie Chruchill, Ripley Dresser, Zoey Duda, Laura Fuess, Nova Gallup, Jazzy Gonzalez, Mara Gray, Ella Guidaboni, Brenna Guilbault, Molly Howe, Katy Lengieueza, Abby Lenois, Anya Livingstone, Amber Marcy, Anna McCarthy, Sofia Moreno, Alyssa Nelson, Izzy Otto, Daisha Ovalle Perez,

Makayla Sevene, Lauren Sibley, Emma Sibley, Izzy Thompson, Carly Walsh, Ariana Whaley-Britt, Jakhia Williams

OUTLOOK: Williams returns after making it to states in the 100 while the Thunder made big strides in numbers, with a much larger team this year looking to compete and send even more athletes to states.

“We have a very exciting and large group of girls this year,” Charles said. “About half of the girls are returning and half are new to the program.”

Source: <https://www.recorder.com/High-school-Track-and-field-Preview-2025-Powerhouse-Frontier-favorites-to-lead-the-local-pack-again-60147371>